TRINITY SPORTS MEDICINE is a multidisciplinary program that specializes in musculoskeletal care, physical therapy, sports chiropractic, athletic training, regenerative medicine and performance enhancement.

www.trinitysportsmedicine.com
3151 Johnson Road Suite 2
Steubenville, OH 43952
We have all that you need for your orthopedic care under one roof. We offer on-site X-ray, diagnostic ultrasound, physical therapy, bracing and nutritional supplementation. 

Call for appointment (740) 266-3866
We take care of the whole team.

Our multidisciplinary team are experts in treating orthopedic injuries and disorders affecting the bones, joints and muscles.
Services Offered:

Acute musculoskeletal injury evaluation and management
Acute fracture care-casting and splinting
Joint injections including viscosupplementation (Synvisc)
Exercise prescription and rehabilitation
Regenerative medicine treatment options
Sports and Performance Programs
Concussion Management
Sports Chiropractic

Trinity Sports Medicine is staffed with a Certified Chiropractic Sports Physician®, Justin Baker, DC, who specializes in functional movement and restoring faulty mechanics. Dr. Baker also utilizes corrective exercises and soft tissue management to help patients regain their normal functional status.
As a patient, you will experience accelerated recovery strategies using ART® (Active Release Technique), spinal manipulation, Dynamic Neuro-muscular Stabilization and other evidence-based health and wellness treatment options.

Dr. Baker and his staff will guide you through a specialized program which will address the stage and nature of your specific problem or injury and restore you to proper health.
Reactive Medicine

we offer the latest in regenerative medicine and biologics which utilizes the patient’s own healing potential to accelerate and optimize recovery.

Stem Cells (AFG/BMAC)

injection combining your own cells, growth factors in the blood and tissue to heal more complex and chronic injuries.
PRP
Injection using your own growth factors from your blood to augment and accelerate healing.

Prolotherapy
Injections that use dextrose or other safe substances that re-activate the healing process and allows the patient’s damaged structure to remodel and lay down new tissue.
We Strive to provide the highest quality, comprehensive rehabilitation programs to enable patients to overcome pain, dysfunction and disability.

Our physical therapy and athletic training staff utilizes the most up-to-date treatment techniques and equipment to restore injury and proper functional movement to patients of all ages.
Our Staff

of athletic trainers provide service contracts to the local high school athletic teams through event coverage, on-site treatment, and management of injury and rehabilitation. They also fulfill the role of physician extenders, community educators and rehabilitation specialists.

Athletic Training

encompasses the prevention, diagnosis, and intervention of emergency, acute, and chronic medical conditions involving impairment, functional limitations and disabilities.
Performance & Functional Medicine

The programs that we offer at Trinity Sports Medicine will help athletes of all ages to improve their athletic skills, learn techniques for preventing injury and ultimately reach their maximal athletic performance.

Our Mission

is to bridge the gap between science and performance through the use of individual assessments of function and nutrition.
Our P³ Performance Program will teach all participants how to Protect...Progress...and Perform in their specific activity, sports or training.

Whether you want to reduce your time in a running event, improve your golf swing, or learn how to jump and land with less stress on your ACL, our team of therapists and athletic trainers can work with you.
Concussions are one of the most common and difficult to manage injuries seen on today’s playing fields.

With recent advances in neuroscience and computerized testing, sports medicine clinicians are discovering new and better methods to protect your brain health.
Sports concussion experts have agreed that the diagnosis of acute concussions usually involves the evaluation of symptoms, physical signs, behavior, balance, sleep and cognition or the thinking processes.

Trinity Sports Medicine Dr. Michael Scarpone uses the nationally recognized ImPact testing system, the Biodex Balance System and the Play it S.A.F.E. Concussion format to detect when an athlete/patient is suffering from a concussion.
For your performance needs, log on to:
www.TrinityP3Performance.com

For your musculoskeletal care, log on to:
www.trinitysportsmedicine.com

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Call for appointment (740) 266-3866 or 1-866-9ortho3