

Are you a new patient: Yes No

What is the problem you are seeing us for today(example, knee, hip etc) _____

What side of the body is the problem on (circle one) Left Right Bilateral

Is the problem you are seeing us for today due to an injury (circle) Yes No

If the problem is due to an injury what was the date of the injury (Month/day/Year or Month/Year) _____

If the problem is not do to an injury approximately when did it start? _____

Was the injury due to any of the following: _____ Auto Accident _____ Sports Injury
_____ Workers Comp _____ Fall or other injury

If you are a student what school do you attend _____

If you are a student what sports do you play: _____

Please rate your Pain:

- ___ 0-1 No pain to very little
- ___ 2-3 Mild pain, annoying
- ___ 4-5 Nagging pain, uncomfortable
- ___ 6-7 Miserable, Distressing
- ___ 8-9 Intense
- ___ 10 Worse pain ever felt, Unbearable

Please Describe your pain(Mark all that you are having) _____ Constant pain _____ intermittent pain
___ Aching _____ Radiating _____ Burning _____ Throbbing
___ Dull _____ Stabbing _____ Soreness _____ Sharp
___ Shooting _____ other _____ NONE

Are you having any of the following:

- ___ Weakness _____ Stiffness in the joint _____ loss of Motion _____ Locking in the joint
- ___ Catching in the joint _____ Popping/Clicking in the joint _____ Grinding _____ Giving out
- ___ Spasms _____ Numbness _____ Tingling _____ NONE

Are you having any swelling Yes or No and if so was the swelling _____ Immediate _____ Gradual

Are you having any trouble with any of the following:

- ___ Walking _____ Steps _____ Sitting _____ Laying _____ Sleeping _____ Standing
- ___ Trouble with Activities of Daily Living (Examples: Bathing, Clothing self, etc)
- If so, please describe _____

Have you tried any of the following for the problem you are seeing us for today:

- ___ Rest x1 week _____ Rest x2-3 weeks _____ Rest x 4-6 weeks _____ Physical Therapy
- ___ Home Exercises _____ ATC treatments _____ Aquatic Therapy _____ Spina (IDD)Therapy
- ___ Chiropractic Care _____ Home stim or Tens unit _____ Home Traction _____ Ice _____ Ace Wrap
- ___ Heat _____ Over the counter Bracing _____ Prescription brace _____ Taping
- ___ Over the counter orthotics/shoe inserts _____ Prescription/Custom orthotics/shoe insert
- ___ Injections _____ Medications

Did any of the above give relief? If so please circle the ones that helped.

Have you had any of the following done for the problem you are seeing us for today:

- ___ MRI _____ X-rays _____ CT _____ EMG/NCV _____ Ultrasound _____ Other _____
- ___ PRP _____ PRP/AFG _____ BMAC _____ Tenex

If so where did you have those done at? _____

And approx. when were they done _____